

# ROYAL CANADIAN AIR CADETS



**142 MIMICO**  
**"DETERMINATION" SQUADRON**  
Established 2 July 1942



## PARENTS & NEW RECRUITS INFORMATION HANDBOOK

## **Royal Canadian Air Cadets**

Welcome to the Royal Canadian Air Cadet program. Your son/daughter/ward has joined one of the largest federally supported youth programs in Canada. The program operates at a community level, providing cadets with a safe and disciplined environment to face challenges and achieve success in citizenship, team-building, and leadership activities. There are over 55,000 cadets across Canada of which, almost 8,000 young people between the ages of 12 and 19 are enrolled in 119 squadrons across Ontario. On behalf of the Air Cadet League, the Department of National Defence, the Sponsors, and staff of 142 Squadron, we would like to welcome you and your children to the Air Cadet program.

### **BACKGROUND**

During the Second World War, there was a huge demand for trained airmen, which led to the creation of air cadets so training could begin early for young men. The Air Cadet League of Canada was created in 1941. In 1943, the Air Cadet Corps became a component of the RCAF. The Air Cadets became the Royal Canadian Air Cadets in 1946, and began to adapt their program for peacetime.

After the war, the Air Cadet program remained in place. Its role changed to meet the changing needs of society and its young people. The aims of the Air Cadet program are as follows:

- Develop in youth the attributes of good citizenship and leadership;
- Promote physical fitness; and
- Stimulate the interest of youth in the sea, land and air activities of the Canadian Forces.

Many former cadets say that the Cadet program gave them a head start in their successful careers. For example, did you know that astronaut Chris Hadfield and world junior biathlon champion Jean-Philippe Le Guellec were once cadets?

The motto of the Air Cadet program sums up our aims:

**TO LEARN, TO SERVE, AND TO ADVANCE**

Our Squadron family is pleased that your son/daughter/ward has chosen to join us in Canada's premier youth program and wish you all the very best. Good luck!!!

At this time there is no cost to join and the uniform is on loan to you, free of charge, while you are a member of the Squadron. The first step in becoming a member of 142 Squadron is to complete the enclosed enrollment documents and return them to the Administration Officer. Please follow the checklist ***carefully*** so that we may complete your registration quickly.

## **ENROLLMENT CHECKLIST**

### **All of the following forms are required:**

- CF1158-General Application Form – To be completed and signed by both parent and cadet (do not leave anything blank). This document is available from our website in a fillable format at [www.142sqn.ca](http://www.142sqn.ca). Please print on Legal size paper, or shrink to fit on letter size.
  - If you answer “Yes” to questions 5 and 6 on page 2 of this form, you will be required to fill out a DND2570 Detailed Health Questionnaire and we mail it to CFB Borden. This is available as a package from the office.
  - If your cadet has a serious allergies to certain foods or environmental factors, please speak to Administration about required forms that are new as of June 2017.
- Annex A – Code of Conduct Form – Must be read and signed by the cadet.

### **The following originals are required: (we will make certified copies and return the originals)**

- The cadet’s **birth certificate**. If born outside of Canada, a certified translation of **birth certificate** (if not in English) and a **IMM-1000 form (Landed Immigrant)** or a **certificate of Canadian Citizenship** are required.
- The cadet’s **Ontario Health Card (OHIP)**.
- If there is a court decree / judgment, or separation agreement in existence, the terms of which award you the custody of your cadet, or award visiting rights or restrict access to your cadet by another party, please provide a copy to the squadron Administration Officer.
- If the cadet is the subject of restrictions, obligations or conditions ordered by the court, please provide a copy of the related document.

**All of the above items must be returned together as a single package.** If you or your parents have any questions or concern, please contact the squadron Administration Officer.

The final decision regarding accepting a new recruit rests with the Commanding Officer.

## **WHAT YOU CAN EXPECT IN YOUR FIRST FEW WEEKS HERE**

Once all the required paperwork is completed, your cadet has effectively joined the squadron and is now a Recruit, ready to enter the training program.

- Thursday night (Mandatory Parade Night) schedule is as follows:

<b>TIME</b>	<b>EVENT</b>
1815 hrs	NCO Fall - In
1830 hrs	Squadron Fall-In (Attendance and Uniform Inspection)
1850 hrs	Opening Parade
1900-1930 hrs	First Period of Instruction
1935-2005 hrs	Second Period of Instruction
2005 hrs - 2020 hrs	BREAK
2020 hrs - 2050 hrs	Third Period of Instruction
2050 hrs-2100 hrs	Closing Parade, Announcements and Clean-up

- There are five training levels. New recruits will usually start in Level One. It is geared toward giving an overview of what the cadet program is all about. The instructors and the senior cadets will make teach what is needed to know to be a good cadet and a good citizen. Other subjects taught will be drill (marching), uniform care and how to wear the uniform properly, general knowledge of the air cadet program, citizenship, physical fitness, effective speaking, and aviation.
- Within the first few weeks, an appointment will be made with the Supply Officer to get measured for a uniform. It may take from 6 to 8 weeks to receive the cadet uniform. However, recruits are not entitled to wear the uniform until initial training is completed and they have been sworn in. During that time recruits are expected to wear the following to each parade night:
  1. Ironed White long/short-sleeve dress shirt – tucked into pants
  2. Black or Navy Blue dress pants – no jeans
  3. Flat Black shoes – no running shoes
  4. Black tie – can be acquired from Supply Officer
  5. Black belt – can be acquired from Supply Officer
- All cadets are expected to dress appropriately for all occasions including when attending training and/or activities that only require civilian dressing. Conservative standards of dress are the norm. For more information on personal appearance, please refer to the bulletin board and the squadron website ([www.142sqn.ca](http://www.142sqn.ca)).

➤ Hair standard:



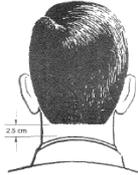
TAPER TRIMMED HAIRCUT CONVENTIONAL  
COUPE DE CHEVEUX MARIÉE CONVENSIONNELLE



SHORT HAIR STYLE  
CHEVEUX COURTS



CURLED HAIR STYLE  
CHEVEUX FRISÉS



TAPER TRIM HAIRCUT - STRAIGHT BACK APPEARANCE  
COUPE DE CHEVEUX MARIÉE AVEC APPARENCE D'UNE COUPE DROITE



STRAIGHT HAIR STYLE WITH BUN  
CHEVEUX TRÉS EN CHIGNON



ONE STYLED HAIR RING MAY BE WORN  
CENTRED IN EACH EAR LOBE  
LE PÉDANTIVEL TÊTÉ EN PÉLÉ FORTER  
UN BOULON D'OREILLE AU  
CENTRE DE CHAQUE DES LOBES

- Unusual hair colour and styles are not permitted
- Males must have a short tapered hairstyle
- Females must have their hair neatly pulled back into a bun or pinned back and no longer than the collar

- Religious and spiritual requirements while wearing the uniform can usually be accommodated. Anything not already addressed in the Dress Regulations CATO 55-04 (found on the website) can be brought to the Commanding Officer's attention for approval.
- An official individual nametag will be given to each new cadet free of charge. There is a \$5.00 charge to the cadet for each additional nametag.
- Cadets unable to attend a training night **must** contact the squadron using the "Excused Absence" form on the website before 1800h and leave their name and a message explaining the reason for their absence. Cadets who check in on time will be marked "EXCUSED" not "ABSENT".
- Only cadets that are enrolled in 142 Squadron have permission to be on the squadron/school property between 1815h and 2140h on parade nights and/or during cadets' activities or training hours.
- Parents and siblings are invited to attend the closing parade at 2050h to 2115h on parade nights. (8:50 – 9:15 pm)

- **Do not bring valuables to parade nights. 142's Staff are not responsible for and cannot guarantee the security of your personal property.**
- Each parade night, weekly announcements are made at closing. Flight Commanders should be calling weekly to provide other important information. Please refer to the Squadron website and Facebook page for weekly training, activities, and upcoming events.
- Many senior cadets who hold positions of leadership and authority will be seen around the Squadron. Cadets who hold senior ranks are referred to as "Non-Commissioned Officers" or "NCO's". These NCO's are each cadet's first line of communication and contact. They are there to help train, provide information, answer questions, and generally develop everyone into better cadets. **These are the first people cadets should approach if there is a question about something.** If they do not know the answer, it is **their** job to find it. It is suggested that cadets should request and keep record of contact information of the person who is in charge of their flight, training, and activities.
- Adult staff consist of members of the Canadian Armed Forces and Civilian Instructors and Volunteers. Each brings a particular skill to the program to pass along to the cadets as they go through their cadet career. Both Cadet and Officer ranks and positions will be taught in level classes.
- One important thing to remember is that we are trying to develop cadets into better people and good leaders. Behaviour is an extremely important part of this. Treating others with **dignity and respect** is the key. It should be noted that the Canadian Armed Forces, the Canadian Cadet Movement, and 142 Squadron has a zero tolerance policy for harassment. Cadets demonstrating such behaviour may be subject to dismissal from the squadron. You will receive Positive Social Relationships for Youth training, which will teach you what harassment and abuse look like and how these are reported and handled within the cadet program.
- Once recruits have completed approximately 6 weeks of initial training, Squadrons conduct a "swearing in" ceremony, where recruits officially become "Air Cadets". Recruits are called up in front of their peers and swear an oath of allegiance. We do our best to notify parents and/or guardians to attend the ceremony and give an opportunity for pictures as well as being there to support their cadet(s).

## **CADET RESPONSIBILITIES**

At this time, there are no direct costs to parents or cadets when joining an Air Cadet Squadron; however there are expectations for all cadets. These include:

- 1. Attending all training nights, training activities, and parades:** It is important for cadets to attend all scheduled activities. Cadets who do not attend parade nights regularly will fall behind in their training and will not be as successful. The same applies for weekend or optional training. Attendance at special parades such as the Annual Ceremonial Review is critical and mandatory. If your cadet has a legitimate reason why he/she cannot attend a squadron activity or parade night, they require a signed and detailed note from their parent/guardian in advance.
- 2. Taking part in fund raising activities:** Although we have been authorized to charge a membership fee, at this time, 142 Squadron is **not** charging to join the squadron; however cadets are expected to take part in fund raising activities such as Tag Days and selling Air Cadet League Lottery tickets. These activities raise the necessary funds to help the squadron plan and implement various optional and mandatory training activities. Cadets who do not participate in fundraising may be assessed a fee or be disqualified from certain optional activities.
- 3. Take care of the uniform:** Each cadet will be issued a uniform when he/she is sworn into the unit. The squadron has a fixed budget to purchase uniforms each year. It is critical that the cadet takes care of his/her uniform, keeps it clean, pressed, and turns it back in to the squadron when he/she leaves the squadron or outgrows the uniform. Each cadet is given training and documentation on how to look after the uniform. **This information is also included on the website. Ask your cadet to share this information.**
- 4. Paperwork, paperwork, and paperwork:** There are permission forms for weekend training, summer camp applications, information bulletins, training schedules, etc. This information is sent home with the cadet and most can be found on the website. Please insure that forms are properly completed and returned in a timely manner. In addition, **cadets must always carry their health card (OHIP)** on all trips and training activities.

If there are any questions about each cadet's responsibilities and duties, please have your cadet speak to their Flight Commander.

## **PROMOTIONS**

Promotions in the Air Cadet Program are based on merit. In order to be considered for promotion, a cadet must first meet certain minimum national standards (attendance, training level completed). Participation in activities beyond mandatory training (Squadron teams and other optional activities), proven leadership ability, and status as a positive role model for other cadets will add weight to the recommendation for promotion.

The decision to promote a cadet is made by the Commanding Officer in consultation with other squadron staff and the Sponsoring Committee. For more information about promotions, please refer to the posted Squadron Standing Orders on the website.

## **SUMMER TRAINING COURSES**

Each year, hundreds of Air Cadets have the opportunity to attend courses at summer training centres throughout the country. Courses run two, three, and six weeks and cover a wide range of subjects from basic training to music, athletics, leadership, survival, marksmanship and aviation. There is no cost to attend summer courses; **however, the available spaces are limited.**

Although all cadets may apply for summer training courses, **every squadron is limited in the number of cadets it is allowed to send to summer training.** Unfortunately not all the cadets that apply will be chosen. The decision as to whether a cadet is chosen for summer training is made by the Central Regional Cadet Support Unit, not the staff of 142 Squadron; however attendance and classroom performance are strongly considered during the selection process.

As a first-year cadet, the first summer will likely be the General Training Course. This is a two-week course, which is designed to cover the basics and to give a taste of what other training opportunities exist. Parents can assist their son/daughter/ward in completing the required application forms.

Six-week senior courses have a more involved application process. Supporting documentation including a narrative, a transcript from school, and other items must be included in the application package. There is also a written test for flying and gliding candidates in January and an interview for all senior candidates in February.

More information about summer courses, including application procedures, timelines, and possible summer course dates will be provided starting in the fall by staff and on the squadron website.

Current as of July 2018

All information subject to change without notice.

## **CADET ATTENDANCE & EXCUSED ABSENCE**

It is the cadet's responsibility to ensure they are marked present on the attendance every night. Attendance counts towards promotions, acceptance on courses or fun activities and awards at the end of the year. If the cadet is uncertain if they have been marked present, they should check in with the office staff after opening parade to be accounted for.

Once at an event, cadets are expected to remain on the premises until the end. They are not authorized to leave unless arrangements have been made with the Officer staff.

### **THE 30 DAY RULE**

The Squadron has been directed to more rigorously enforce the provisions of CATO 13-30, Cadets Excused Absence from LHQ Training and CATO 13-01 Cadet Membership.

Current Regulations require that Cadets who are absent – without being excused – for more than 30 days are to be Struck Off Strength; in other words, released from the Squadron and the Cadet Program.

### **EXCUSED ABSENCE**

If a Cadet is unable to Parade with the Squadron for an extended period of time – due to compassionate, health, family, school, travel or work-related circumstances – they may make application to the Commanding Officer for Excused Absence. The CO may approve absences of up to 120 days.

EXCUSED ABSENCE IS NOT GRANTED AUTOMATICALLY UPON REQUEST AND IS AT THE DISCRETION OF THE COMMANDING OFFICER as per CATO 13-30.

## **SQUADRON HISTORY**

142 Mimico Squadron was chartered by the Air Cadet League of Canada on July 2nd, 1942 under the sponsorship of the Rotary Club of Mimico.

142 Mimico Squadron proudly displays the winged sphinx emblem and 'Determination' motto of No. 142 Squadron of the Royal Air Force. Our wartime RAF namesake was a Bomber Command Squadron equipped with Wellington and Mosquito aircraft and was based in Egypt.

The Lakeshore Board of Education took over Squadron sponsorship in 1945, and was assumed by the Etobicoke Board of Education in 1967 when the school boards amalgamated. Branch #217, now amalgamated with Branch #3, of the Royal Canadian Legion has also assisted the Squadron with financial support and facilities on many occasions. Branch #3 has now amalgamated with Branch #210 to form Flight Lieutenant David Hornell, VC Branch #643.

In June 2015, our unit affiliated with 32 Signal Regiment out of Fort York Armoury. 32 Signals has already helped support our unit with facilities and equipment for field training exercises for the past few years and we look forward to working with them in future events.

Since 1942, over 5,000 young Canadians have benefited from Air Cadet training with 142 Squadron. Of those, more than 70 received flying scholarships and earned their coveted pilot's wings. Hundreds have received advanced training in such other disciplines as aeromechanics, leadership and wilderness survival instruction techniques.

In its 75 year history, 142 Squadron has won many trophies, honors and awards as a unit. Most coveted among these is the Lord Stathcona Trust Shield awarded to the most proficient Air Cadet Squadron in Ontario. Since the award's inception in 1947, Mimico Squadron has placed second 7 times and won it 10 times. It is a record of which we are justifiably proud and signifies a strong 'Determination' to provide the finest youth training experience possible to the young people of the South Etobicoke area.

The squadron training program is designed to provide leadership and citizenship training. It instills self-discipline and confidence in the Cadets, while at the same time it provides an opportunity to learn more about the world and science of aviation. The number of Cadets who have pursued careers that closely relate to the Cadets objectives is a measure to the success of the program. Many of our former Cadets are currently employed by major airlines and by the Canadian Armed Forces. Many more have remained with the Cadet Movement to become instructors or members of a Sponsoring Committee.

You will find our training program a valuable and fascinating experience, regardless of what career field you may pursue after cadets. Some areas of training include: personal and group leadership, aircraft knowledge, physical fitness, camping, drill, and band. Also, as part of your Air Cadet training, you will be able to take part in gliding familiarization flights. As a senior cadet you will

have the opportunity to qualify for flight instruction, and possible even to earn your glider and/or power pilot license through our flying scholarship program. Additional training is available for all cadets during the winter break and summer vacations on a voluntary basis, if selected.

## **HOW CAN PARENTS HELP?**

You can do a great deal to help your cadet become successful in the Air Cadet Program. The most important thing is to show an interest in their success and training, and to support them during the year. There are many other ways that you can help your cadet be successful. These include:

- **Help** them organize their after school time so that there will be time for Air Cadets and schoolwork.
- **Remind** them to look after their uniforms (washing, drying, pressing, shining, etc.).
- **Include** Air Cadet activities such as weekend training on the family calendar.
- **Try** to avoid conflicts with major activities such as Tag Days or the Annual Ceremonial Review.
- **Transport** your cadet to parade nights and **Pick** them up at the end of the night **on time**.
- **Attend** parade nights at closing and listen for news and upcoming events.
- **Encourage** them to participate in Squadron teams and activities. The more they put in to the Squadron, the more they will get out of the program.
- **Prompt** your cadet to check the Squadron website, Facebook page and calendar for updates and have them check in with their Flight Commander if they have any additional questions.

## **GETTING INVOLVED**

There are many other ways that parents and other adults can get involved with the Cadet Program.

- Become a Volunteer
- Become a Civilian Instructor
- Become a CIC (Cadet Instructor Cadre) Officer
- Join the Squadron Sponsoring Committee

Any parent or adult, who wishes to work with Air Cadets or be in the presence of cadets while undergoing training, must be registered and screened by the Air Cadet League. This process will include certain reference, criminal record / police, and credit checks.

### **Squadron Sponsoring Committee (SSC)**

Sponsoring committees are community-level organizations that co-ordinate local support for the cadets.

The SSC is responsible for

1. Providing suitable accommodations for cadet training and activities
2. Promoting the Cadet program to the community
3. Fundraising and managing funds for additional activities not supported financially by the Canadian Forces
4. Monthly meetings

The Squadron Sponsoring Committee Chairperson is the parent's first point of contact. If you would like to get involved with volunteering or fundraising, you may contact the SSC Chair directly or send an email to the SSC email at [parents142@gmail.com](mailto:parents142@gmail.com).

Should the Chair be unable to help you, they should direct you to the most appropriate person to deal with your situation.

### **CONCLUSION**

As new recruits, your children have embarked on an amazing journey of discovery. However, joining Air Cadets is a big step for a young person. As parents, you can do a lot to support your cadet as they proceed through the Air Cadet program.

We try to promote self-reliance within the cadets. They have a chain of command that they should follow if they have any questions or concerns about their training.

If you have any questions about the information included in this pamphlet, please allow your cadet to contact the appropriate NCO or you may speak to the Chair of the Squadron Sponsoring Committee. He/she will be able to answer questions and provide additional information about the Squadron, the Air Cadet program, and the Air Cadet League or direct you to the information you are looking for.

## **SQUADRON INFORMATION**

**Parade Night / Time:**

**Thursday, 1815h – 2145h**

**Parade Location:**

**Mimico Adult Learning Centre  
255 Royal York Road  
Etobicoke, Ontario**

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Squadron Email

142Air@cadets.gc.ca

Website

[www.142sgn.ca](http://www.142sgn.ca)

Facebook (open)

[www.facebook.com/142MimicoSqn](https://www.facebook.com/142MimicoSqn)

Facebook (private)

<https://www.facebook.com/groups/144546515954472/>

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Optional Training Location:

Fort York Armoury  
660 Fleet Street, Room 104  
Toronto, Ontario

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Commanding Officer (CO):

Major (Maj) R. Rangel-Bron

Squadron Sponsoring Committee

Royal Canadian Legion Branch 643

Deputy Commanding Officer (DCO) and  
Training Officer (TrgO):

Lieutenant (Lt) S. Hind-Powell

Assistant Training Officer (ATrgO) and  
Flying Scholarship Instructor:

Civilian Instructor (CI) M. Norwood

Supply Officer (SupO):

Captain (Capt) A. Bilyk

Administration Officer (AdminO) and  
Range Officer and Coach:

CI D. Valentine

Additional Staff Members:

Officer Cadet (OCdt) V. Pannerselvam  
OCdt T. Reimer  
Second Lieutenant (2Lt) R. Bochenek  
CIV K. Arrubla

**[www.142sgn.ca](http://www.142sgn.ca)**

# Friends of 142 Mimico Squadron

Royal Canadian Legion  
FLIGHT LIEUTENANT DAVID  
HORNELL VC  
Branch #643



<http://www.rcl643.ca/>

32 Signal Regiment



272 ROYAL CANADIAN SEA  
CADET CORPS OJIBWA  
<http://rcsccojibwa.weebly.com/index.html>



[www.142sgn.ca](http://www.142sgn.ca)